

MEDIA RELEASE

01 Apr 2025

COMMUNITY CARE DAY 2025: KWSH BRAND HERBAL REMEDIES LAUNCHED TO COMPLEMENT 115 YEARS OF TCM SERVICES

Kwong Wai Shiu Hospital (KWSH)'s annual Community Care Day returns this year with an extended week-long programme which reflects the Hospital's commitment to promoting holistic care. The event's theme "Bridging Generations, Building Communities", focuses on strengthening intergenerational bonds and fostering stronger community ties.

2 Gracing the event as Guest of Honour will be Ms Rahayu Mahzam, Minister of State for Digital Development and Information, and Ministry of Health. Both Mr Heng Chee How, Senior Minister of State for Defence and Member of Parliament for Jalan Besar GRC (Whampoa), alongside Dr Wan Rizal, Member of Parliament for Jalan Besar GRC (Kolam Ayer) will be joining the event.

3 For the first time, the programmes will take place over the course of one week from 1 to 5 April 2025, featuring a week of activities for the community in collaboration with health and community care partners, leading up to the main event held at our Serangoon Road main site on Saturday, 5 April. Close to 800 participants, including seniors from the community and our nursing home residents are expected to be part of the main carnival.

4 Traditional Chinese Medicine (TCM) has been part of KWSH's services since our founding 115 years ago and continues to be one of our core offerings today. At the Community Care Day event, the Hospital will also provide complimentary TCM consultations. Additionally, KWSH is launching three new herbal remedies aimed at enhancing overall well-being including one for individuals who frequently stay up late.

5 Dr Liauw Siew Lian, Clinical Head of TCM Services & Consultant Physician, KWSH said, "Many students and working professionals tend to stay up late — whether it's to meet deadlines or juggling heavy workloads which can affect their overall well-being. Recognising this, our TCM team has formulated a herbal tea remedy for those who burn the midnight oil, helping them restore energy, improve vision and nourish their liver."

6 The new herbal remedies will be available for purchase at our TCM centres.

7 Another highlight of this year's event is the Hospital's upcycling initiative, in which KWSH has partnered with two social enterprises – Alfya Atelier and Mori Official – to transform old hospital linens and fabric donations from CYC Tailor into practical items. The upcycled tote bags not only promote sustainability but also created meaningful work opportunities for the community groups supported by the social enterprises, which include single mothers, underprivileged groups, and individuals with special needs. By supporting these social enterprises, KWSH's upcycling efforts extend beyond environmental benefits — giving uniforms a new lease of life while empowering communities in need.

8 As part of this initiative, donors will receive these upcycled items as a token of appreciation. Donors who contribute \$128 or \$288 will receive tote bags hand made by the social enterprises.

9 For more information about the event, the public may contact us at 6422 1293 or fund_raising@kwsh.org.sg.

Members of the media are invited to share this meaningful moment with KWSH and to cover the event on **Saturday, 5 Apr 2025, 9.00am to 12.30pm** at Kwong Wai Shiu Hospital. The event shall be open to full media coverage. Please RSVP with the media contacts below by **Friday, 4 Apr 2025, 12.00pm**. A brief programme is appended for your perusal.

Event Details

Date: Saturday, 05 Apr 2025
Time: 9:00am to 12:30pm
Venue: Kwong Wai Shiu Hospital
705 Serangoon Road Singapore
328127

Programme

8:50 am: Arrival of Invited Guests

Mr Heng Chee How
Senior Minister of State, Ministry of Defence
Member of Parliament, Jalan Besar GRC (Whampoa)

Dr Wan Rizal
Member of Parliament, Jalan Besar GRC (Kolam Ayer)

9:00 am: Arrival of Guest of Honour (GOH)

Ms Rahayu Mahzam
Minister of State, Ministry of Digital Development and Information & Ministry of Health

9:10 am: Opening remarks by Mr William Leong, Vice Chairman, KWSH

9:15 am: Presentation of Appreciation Certificates to Healthcare & Community Partners by GOH, witnessed by Mr William Leong, Vice Chairman, KWSH

9:25 am: Presentation of Token of Appreciation to GOH by Mr William Leong, Vice Chairman, KWSH

9:30 am: Tour of KWSH for GOH, including:

a. Ward 3: QMT/BIXEPS Showcase & Community Garden
b. Blk E: TCM Clinic – KWSH TCM Herbal Tea & Soup Sampling

9:45 am: Departure of GOH

Media Contact

For more information, please contact:

Name: Mr TAY Chian Yong
Designation: Manager, Corporate Communications
Contact: chianyong_tay@kwsh.org.sg | Tel: 6422 1294

Key Names and Terms

Community Care Day 社区关怀日

About Kwong Wai Shiu Hospital

Kwong Wai Shiu Hospital (KWSH) is a 115-year-old charitable healthcare organisation and is registered as an Institution of Public Character, committed to looking after the sick and needy. In the last century, it has continued the strong tradition of community service, having cared for many generations of Singaporeans, beginning its legacy in 1910 even before Singapore's independence. It is now one of the most established providers in the Intermediate and Long-Term Care (ILTC) sector.

At present, KWSH operates two nursing homes, six active ageing and care centres, two traditional Chinese medicine centres, a community training institute and offers home care services. Many of its patients are from the lower-income group and their fees are heavily subsidised.

To better serve the rapidly ageing population, KWSH had undergone a major redevelopment to house the largest single-site nursing home in Singapore and also transform itself into an integrated community healthcare hub, providing healthcare services to its residents and the community. With the official opening of its second nursing home in October 2022, KWSH is now one of the largest nursing home operators with close to 1,200 beds as well as expansion in its other services. Visit www.kwsh.org.sg for more information.

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