



Ministers Receive Vaccinations at KWSH

部长访问广惠肇接种疫苗

The Ministers met some staff after the staff received their first dose of the vaccine
部长们与完成接种第一剂疫苗的职员进行交流

"I was honoured when approached to administer the vaccinations for our two Ministers," said Dr Richard Tan, Director of Clinical Services at KWSH, who was tasked to deliver the vaccinations to the two Co-Chairs of the Multi-Ministry Taskforce for COVID-19 during their visit to KWSH as we commenced our COVID-19 vaccination drive.

KWSH's vaccination exercise got underway on 13 January, with our frontline nursing and care staff among the first to be vaccinated. Being an important milestone in the Hospital's efforts against the disease, we were honoured to have Health Minister Gan Kim Yong and Education Minister Lawrence Wong visit us as we kicked off the vaccination programme. Besides receiving their vaccinations along with KWSH staff during the visit, the Ministers also met some of the staff who had received their first dose of the vaccine.

The man behind the Ministers' jabs, Dr Tan, is one of KWSH's key commanders in managing the COVID-19 situation. Among our efforts to combat the spread of COVID-19, the vaccination had subsequently been extended to the rest of our staff population, including those in administrative and support roles, as well as our residents and clients. Read on as we take a look at their vaccination stories!

"能够为两位部长注射疫苗, 这是我的荣幸。" 在广惠肇担任临床与医疗服务总监的陈忠兴医生完成注射工作后这么表示。广惠肇展开新冠病毒疫苗接种行动之际, 政府抗疫跨部门工作小组



Conducting the registration for Minister Gan (left) 为颜部长(左)办理登记手续

的两位联合主席访问医院, 同时也在我们医院接种了疫苗。

本院的疫苗接种行动于1月13日展开, 由护士及前线护理人员打头阵, 首先接种。广惠肇对抗疫情的努力迈入重要里程, 我们很荣幸有机会欢迎卫生部长颜金勇和教育部长黄循财当天前来访问。除了与广惠肇职员一同接受疫苗注射, 部长们也在医院与一些完成接种第一剂疫苗的职员进行交流。

此次亲自操“针”为部长注射的陈医生, 是负责管理本院冠病事务的主要指挥官之一。广惠肇的抗疫战仍在进行, 疫苗接种已延申至其他



Dr Richard Tan administering the jab for Minister Wong
陈忠兴医生为黄部长注射疫苗

包括行政及后勤支援人员在内的职员, 以及我们的院友和病友。且让我们一起翻阅本院接种新冠病毒疫苗过程中的一些点点滴滴。



Visit us on Facebook!

fb.com/KwongWaiShiuHospital

INOCULATING OUR STAFF AND RESIDENTS 为员工与院友接种疫苗



Enrolled Nurse Lopez Kristopher Perez with the vaccination card after getting his shot
接受注射后的助理护士 Lopez Kristopher Perez 向我们展示他的疫苗接种卡

With the vaccination exercise for staff beginning in January and concluding mid-February, over 80% of our staff have received both shots.

A large majority of these staff have opted in as they understood that the vaccine had been assessed to be safe and wanted to protect themselves and the people around them. Staff like Healthcare Assistant Marites Perez Anches had minimal hesitation, and even encouraged others around her to do so too. In fact, her reach extended overseas as well. "I explained to my loved ones in the Philippines that mild side effects are normal and now they have decided to get vaccinated too!"



Healthcare Assistant Marites Perez Anches (right) opted in for the vaccination without much hesitation and even encouraged others to do so
医护助理 Marites Perez Anches 不仅果断地报名接受注射，还鼓励其他人也前去接种疫苗

On the contrary, the decision to opt in had not been all that easy even for some of our frontline carers. Wariness against the new vaccine was understandable. Yet, it did not stop them from clearing up their reservations to better protect themselves and the elderly that they serve every day. This was the case for Enrolled Nurse Lopez Kristopher Perez, who felt more reassured upon seeing fellow nurses all across the nation also taking up the jab. "To those who are still cautious, I also felt and understand your concerns. As a nurse, I encourage you to be vaccinated."

Onwards to a safer KWSH and Singapore!

本院的员工接种计划自1月开始，并在2月中旬结束。超过80%的员工已完成接种两剂疫苗。

因了解疫苗的安全性已获得充分证实，同时也希望保护自己与至亲，绝大部分的员工都选择加入医院的接种计划。医护助理 Marites Perez Anches 如同其他同事，报名前几乎没有丝毫犹豫，还鼓励身边的人也像她一样这么做。在鼓励他人的同时，她的触角甚至延伸到了国外。

"我向住在菲律宾的亲人解释，接种疫苗后出现轻微的副作用是正常的。现在，连他们也决定接受注射了！"

相反的，选择接受疫苗注射对一些同为前线护理人员的同事来说却并非如此简单。对于新的疫苗，人们自然会有戒心。然而，为了更好地保护自己及他们每日照护的长者，同事们还是放下了各自的疑虑。助理护士 Lopez Kristopher Perez 正是如此。看到全岛各地的护士同行也接种了疫苗，他也渐渐开始感到安心。

"若你们仍然非常谨慎地看待疫苗接种，我能理解你们的担忧，也曾有同感。身为一名护士，我希望能够鼓励大家接种疫苗。"

在进行员工疫苗注射的同时，医院也开始与院友及其家属接洽筹备为他们接种，并在2月3日展开院友的接种计划。本院的疫苗注射团队前往病房内为年长者注射，以尽量减少他们接触病毒的风险。所有报名的院友们都接受疫苗后，接种计划于3月18日告一段落。

医院能在短短的时间内执行计划，确实不简单，靠的是注射团队及同事们的齐心协力。我们也感谢院友与他们的亲人，以及其他职员，鼎力支持医院的接种行动。为实现群体免疫，我们的共同努力至关重要。

让我们一同前进，迈向更安全的广惠肇和新加坡！



KWSH's vaccination team going to the wards to get our residents vaccinated
广惠肇疫苗注射团队前往病房替院友接种疫苗



SkillsFuture Queen Bee

技能创前程行业“领头羊”



KWSH's first-ever Queen Bee workshop debuted in January!
广惠肇的首个“领头羊”工作坊于一月登场!

On 13 November 2020, an MOU was signed between KWSH, Singapore Institute of Technology (SIT) and SkillsFuture Singapore (SSG) to appoint the Hospital as a SkillsFuture Queen Bee. Minister for Education, Mr Lawrence Wong, was guest of honour for the ceremony held at SIT where he witnessed the appointment of KWSH as the first ever SkillsFuture Queen Bee in Singapore's community care sector.

As Queen Bee, KWSH has been mandated to mobilise at least 100 Community Care Organisations (CCO) to embark on technology, innovation and process improvements to combat prevalent sector challenges like over-reliance on manual processes and insufficient manpower. With the MOU, we will be able to tap on the support of SSG and SIT in terms of resources and training as we reach out to the CCOs.

We are happy to share that we have engaged more than 120 CCOs since then, providing their staff with skill-based training to equip them with the necessary know-how to enhance service delivery.

Across January and February this year, we launched our first Queen Bee workshop, "Leading Automation & Digitalization Projects",



MOU signing ceremony between KWSH, SSG and SIT
广惠肇、精深局和新工大的合作备忘录签署仪式

which reached 34 participants from 11 CCOs. This workshop guided participants to review sector case studies and equipped them with essential project management skills such as engaging stakeholders effectively and managing project risk.

In February, we also co-organised a healthcare innovation webinar, "Sharing of Innovative Best Practices in a Pandemic World", in which 150 participants learnt from first-hand experiences of healthcare leaders in adjusting operations and reinventing healthcare services amid the pandemic. To further spur the sector towards streamlining processes and identifying alternative strategies to improve overall work outcomes, KWSH is also co-creating a Design Thinking Project Mentoring course.

Our other offerings include mentorship support, where we are currently working with various field experts who will guide CCOs in their technological adoption and process improvements. Deployed for the entire project duration, these dedicated mentors will help CCOs determine the project requirements and key milestones, as well as assist CCOs with project management tools to help them fulfil their goals.

2020年11月13日，广惠肇、新加坡理工大学以及精深技能发展局签署了一份合作备忘录，委任本院为“技能创前程行业领头羊”。于新工大举行的仪式由教育部部长黄循财先生担任主宾，见证广惠肇成为本地社区护理领域有史以来第一家“领头羊”机构。

身为“领头羊”，广惠肇被委以任务，带动至少100家社区护理机构通过科技、创新和改善工作流程来应对业界所面对的常见挑战，像是过度依赖人工操作以及人手不足的问题。通过此次的合作备忘录，精深局和新工大给予了本院资源和培训方面的支持，使我们可以更有效地与其他社区护理机构携手处理问题。我们至今便已向超过120家机构伸出触角，为他们的职员提供以技能为主的各种培训，帮助他们掌握好知识，以提升服务质量。

今年的首两个月，本院推出了我们的首个“领头羊”工作坊，探讨业内的一些自动化与数码化项目。共有来自11家社区护理机构的34名人员参加了工作坊。工作坊引导参与者分析业界的实例个案，并传授一些管理项目的必备技巧，教导他们在进行项目时，如何有效与各方利益相关者接洽合作以及如何应对项目中的种种风险。

二月份，我们也联办了一场医疗创新网络研讨会“Sharing of Innovative Best Practices in a Pandemic World”。会上，顶尖医疗界人士纷纷与150名与会者分享了他们为应对此次疫情而调整运作及重新整合服务的第一手亲身经历。另外，广惠肇目前也正在与伙伴共同设计一个“设计思维”（Design Thinking）项目的指导班，希望能够驱动业界迈向更有效益的工作程序并制定可改善整体工作成效的替代策略。

本院的其他“领头羊”服务还包括各项“师带徒”计划，而院方目前正在与各界专才合作，将由专才引导社区护理机构采纳科技以及改善工作程序。每一位专才将在指定项目的整个过程中以导师的身份，辅助社区护理机构制定项目的规格以及关键环节。导师也将为机构建议适当的项目管理工具，协助他们达成目标。

Organising a webinar to look into operational adjustments and service reinventions in the healthcare sector during the pandemic
举办网上研讨会，探讨疫情期间医疗领域如何调整运作及整合服务



Do visit our website if you are keen to find out what's buzzing!
欲知本院更多“领头羊”的相关讯息，欢迎你上网浏览
<https://cti.kwsh.org.sg/skillsfuture-queen-bee/>



The Journey of a Mealtime

餐食之旅



Say hello to our Automated Rotary Wok (left) and our Autonomous Mobile Robot (AMR, right), which work together to bring our residents sumptuous and nutritious food three times a day! How exactly do they accomplish such a feat, especially with minimal manual labour involved? Follow this photo trail to find out more and embark on the journey of a mealtime!

这是我们的自动旋转锅（左）和智能自主移动机器人（右，Autonomous Mobile Robot, 简称AMR）。它们共同合作，每天为院友提供丰盛和富有营养的三餐！它们是如何在动员极少人手的情况下完成这一任务？让我们跟随每一餐背后的足迹了解更多详情，来一趟餐食之旅！

1.



The journey begins in our kitchen, where the ingredients for our residents' next meal are placed in the rotary wok.
行程由本院的厨房开始，院友下一餐的食材在此被放进自动旋转锅。



2.

What's cookin'? The cooking process proceeds according to a pre-programmed cooking sequence, which ensures the food will be cooked within the required time. Look, the food is ready!
噢，在煮啥？烹饪的过程根据预先编程的烹煮顺序进行，以确保餐食在规定的时间内准时上菜！

3.



Once the piping hot meals are transferred to a customised meal trolley, the baton is passed to the AMR, which is programmed to pick up meal trolleys at designated times throughout the day. 热腾腾的餐食一旦被转移到定制的食物推车，就轮到AMR接手。AMR根据设置的编程，每天会在指定的时间领取这些食物推车。

4.



With its precious food cargo in tow, the AMR operates the lift on its own to get to the correct ward level. 填饱院友肚子就靠它了。AMR拖着宝贵的餐食，独立操作电梯，前往正确的病房楼层。

5.



Mealtime is in sight! Upon reaching the designated ward, the AMR manoeuvres itself into position to offload the meal trolley. The food is now all ready to be collected by the ward nurses!
用餐时间即将开始！到达指定的病房后，AMR会自行调整位置，卸载推车。院友的餐食已到位，等着由护士们领取！

SHOWING OUR TRUE COLOURS!

给你颜色看！

A favourable point that comes to the fore amidst the plaguing pandemic is that it shines a light on the indispensable work of nurses and other frontline staff, which will otherwise not be given enough prominence. As they toil away, sacrificing selflessly in their patients' best interest, they truly deserve much more recognition.

A simple way to show your appreciation for these luminaries is to better understand what their specific roles are in the wards! Have



SUPPORT CARE STAFF 护理支援人员

- Carry out basic housekeeping to ensure a safe and clean ward environment
- Perform basic care activities like feeding
- 负责基本的内务清洁管理，确保环境安全整洁
- 进行基本的护理工作，如喂食

HEALTHCARE ASSISTANT 医护助理

- Assist in nursing procedures and care of residents with assistive devices
- Facilitate rehabilitation exercises and psychosocial activities
- 协助打点护理工作流程，为使用辅助配备的院友提供护理
- 引导康复治疗运动和社会心理方面的活动



PATIENT CARE ASSISTANT 病人看护助理

- Monitor vital signs
- Assist in serving oral medication
- 监测生命体征
- 协助院友服用口服药物



The distinctive hues of the different attires make each staff group more identifiable, but beyond that, the uniforms – and the care staff who wear them – also bring colour and life to the Hospital with the work that is being done. Now that you can better recognise who's who, flash our staff a smile or give a nod of affirmation the next time you see them in their work get-up!

Our frontline comrades have had it especially tough throughout this period, but words of encouragement and kind giving by big-hearted donors and supporters like you have shown them that they are not alone in this battle. With your generosity, we managed to trudge forward and continue delivering uncompromised quality services to our residents. Join us in adding more colour and life for KWSH's residents.

制服各自独特的色调确实让每组护理人员更具识别性，但除此之外，制服，以及穿着它们的护理人员，更为医院增添了色彩和活力。现在对这些职员的工作范围有了更进一步的了解，下次遇上穿着制服的他们时，就对他们露出鼓励的微笑或点点头表示感激吧！

you noticed that our care staff don uniforms of different colours and wondered why? Let's dive in to see who wears what, and what they do!

护士及其他前线人员的贡献虽然向来都不可或缺，但在疫情前却较少受到足够的重视。疾病祸害着世界，但也充分地凸显出了他们的付出。他们辛勤工作，为了照护病人而无私地牺牲，确实应得更多的认可。

要想向这些杰出人物表示感激，其实一个简单的方式就是更好地了解他们在病房内各自的职责！你有留意到我们的护理人员都身穿不同颜色的制服吗？让我们一同看看不同制服代表着什么，以及他们各自的工作范围！

ENROLLED NURSE 助理护士

- Assist residents in various Activities of Daily Living like ambulation
- Educate residents and families on disease process and rehabilitation
- 协助院友进行日常生活活动，如步行
- 依据院友的情况，教育院友及家属患病和康复的过程



Notice the difference?
(Hint: Do not roll up your SLEEVE!)
分别在哪呢?
(暗示：答案就在袖子上！)

STAFF NURSE 注册护士

- Ward team supervisor
- Assist doctors with procedures and carry out prescribed treatment
- 管理病房内的护理团队
- 协助医生进行医护流程，执行医治工作



NURSE MANAGER 护士长

- Mentor staff and encourage learning through training
- Oversee round-the-clock ward operations
- 教导护理团队并确保职员得到适当的培训
- 监督病房的24小时不间断运作



一直奔波在疫情前线的同仁们在这期间特别辛苦，但各位捐助者和支持者句句的鼓励及善意的捐赠，让他们意识到自己并非孤军奋战。有了您的慷慨解囊，医院才得以在艰难中前行，继续为院友提供优质服务。请一齐与我们为广惠肇院友增添更多的色彩与活力。



Scan our **PayNow QR code** to contribute a gift to our patients!
(For tax deductions, enter NRIC as 'Ref No.')

扫描我们的 **PayNow QR 码**
为病友献上爱心！

(在 "Reference No." 中填写身份证号码以享有扣税。)



Working and Learning: The Diary of an SGUnited Trainee

我的工作笔记： “新心相连”培训学员分享心得

It has been about half a year since KWSH took in several fresh graduates under the SGUnited Traineeships Programme! An initiative by the Singapore government, the programme is aimed at equipping young locals with valuable industry experience and developing their skills professionally despite the economic climate. Let's hear from one of our SGUnited trainees, Foo Jia Wei, on his experience in KWSH thus far!

本院通过“新心相连”毕业生实习计划（SGUnited Traineeships Programme）迎来几名应届毕业生为培训学员，这个安排至今大约已经半年了。该计划由新加坡政府发起，旨在经济不景气的情况下为我国的青年提供宝贵的实战经验，并培养他们的职业技能。让我们的其中一名“新心相连”职场新人，符佳玮，和我们分享他在本院迄今为止的经历！

I joined KWSH as part of the SkillsFuture Queen Bee team back in October 2020. My job scope involves working with my team to help upskill the community care sector in terms of process innovation and digitalisation. To do this, we organise various courses and workshops, liaise with tech vendors and initiate discussions with potential partners to come up with relevant programmes for our fellow community care organisations.

Following KWSH's successful appointment as a Queen Bee in November, one of the biggest challenges my team faced was in creating processes and workflow for our work. While the initial ambiguity was daunting, it was also a valuable learning experience. For example, I learnt that a good process does not merely serve to meet an objective, but should also address stakeholders' concerns and mitigate risks, which include how we could safeguard our sector partners if the promised deliverables from a process innovation or digitalisation project were not met due to unforeseen circumstances.

In my opinion, this traineeship role is an excellent starting point to my career. Not only is Learning & Organisational Development (LOD) an area I have always wanted to explore, but being involved in such a large-scale project like the SkillsFuture Queen Bee has also provided me great exposure and ample learning opportunities. I firmly believe the insights gleaned from this traineeship will give me an edge over other jobseekers in the LOD field.

What I like most about working at KWSH is the family-like culture here. Even though I'm new, I have never once felt intimidated or stressed because everyone has been warm and approachable. Being situated near plenty of great food options (my favourite Hong Kong roast meat stall in particular) is a huge plus too!

我在2020年10月加入本院的“技能创前程行业领头羊”（SkillsFuture Queen Bee）项目团队。我的职责包括与团队合作，共同协助社区护理领域提升有关工作流程创新及数码转型方面的技能。为此，我们举办了各种课程和工作坊，同时也和科技供应商联系，并与潜在合伙人进行讨论，要为其他社区护理机构提供相关的培训。

随着我们在11月成功受委为“领头羊”，我的团队面临的最大的挑战之一就是必须为我们的工作范围制定工作程序。初期的歧义虽令人望而却步，但也是宝贵的学习经验。举例来说，我了解到，所谓好的工作程序，不仅仅是专注于实现目标而已，也应该能够解决利益相关方的顾虑并减低任何风险。这包括当工作流程创新项目或数码转型项目因故无法达到预期成果时，我们能够做些什么来帮助我们的业界伙伴。

对我而言，这个实习机会是我职业生涯的极佳起点。“学习与组织发展”（Learning & Organisational Development）是我一直以来想探索的领域，而能参与“技能创前程行业领头羊”规模如此庞大的计划也让我大开眼界，给了我充分的学习机会。我深信从这次培训所吸取的经验会使我“学习与组织发展”领域中就业时脱颖而出。

广惠肇的工作环境就像是一个大家庭，这样的文化是我喜欢在这里工作的主因。大家都很热情、平易近人，我即使是新手，也从未感到胆怯或有压力。医院附近又有众多的美食地点（尤其是我最喜欢的香港烧腊摊），这也绝对为我的工作体验加了不少分！



Hard at work... and letting his hair down with his KWSH family!
平日认真投入工作的佳玮，工作之余也非常享受与家人般的同事们一起玩乐



VOLUNTEER RECRUITMENT GOES VIRTUAL

线上招募义工

KWSH took part in the National Silver Academy Virtual Roadshow from 15 to 21 March. Among the programmes lined up for seniors aged 50 and above, the KWSH booth offered an insight into our volunteerism activities as we reached out to these seniors to come on board and be part of our family of volunteers. From regular activities such as Kopitiam Diaries for our residents to the Hospital's events, volunteers play an important role in our efforts to care. Through this virtual roadshow, we hope to encourage our silver generation to remain active and in doing so, contribute to a meaningful cause. With their experience, we are sure our senior friends will make great volunteers and who better to connect with our elderly clients than their fellow peers!

Our KWSH booth at the Virtual Roadshow
广惠肇在网上路演所负责的虚拟站



广惠肇于3月15日至21日参加了全国乐龄学苑网上路演（National Silver Academy Virtual Roadshow）。活动内容主要针对年届50岁的乐龄人士，本院所负责的虚拟站便让年长朋友了解我们的义工活动，招揽他们加入我们的义工家庭。无论是平日像“咖啡店日志”之类的定期院友活动，或是不时由医院主办的较大型活动，我们传递爱心的工作，绝对少不了义工们的重要贡献。广惠肇希望借着这一次的网上路演，鼓励年长者以这种具有意义的方式继续保持活跃。我们相信，人生历练丰富的乐龄朋友必定能够很好地胜任义工的工作。况且，年长病友与年纪相仿的乐龄义工想必将更有默契，可以更好地联系感情！

“V-CONNECT” LAUNCHED

志愿者通讯《义心相连》推出



A new volunteerism bulletin *V-Connect* has been launched to share useful information pertaining to volunteerism matters. To be issued twice a year, *V-Connect* will be emailed to KWSH volunteers to keep them abreast of the Hospital's key developments. The bulletin will be put up on our notice boards and other suitable public platforms as well to share our volunteering opportunities with interested parties. Potential volunteers will also be able to find out more about the work that our volunteers do at KWSH.

To all KWSH volunteers, we thank you and salute you! To those looking for a place to volunteer at, we want you and look forward to be connected with you!

广惠肇新推出了一份关于本院义工与义务服务的通讯，专门介绍并分享志愿者活动的相关事宜与资讯。《义心相连》每年推出两期，将通过电邮方式发给广惠肇义工，让他们了解医院的重要发展。此外，通讯也将登在医院的布告栏及其他公共媒介，让那些对志愿服务有兴趣的人士了解本院所提供的志愿工作机会。有意加入我们的义工也可借此熟悉其他志工在本院的工作情况。

在此感谢所有广惠肇义工的同时，我们也期待有意担任义工的新朋友加入我们的行列，与我们心手相连！



JOIN US AS A VOLUNTEER!

欢迎加入我们的义工行列！

☎ 6422 1291

🌐 BIT.LY/KWSHVOLUNTEER



SCAN TO JOIN
扫描加入

KWSH Debuts on Red Packets!

新年新花样 - 广惠肇 红包封套首次亮相

Red packets are a quintessential part of Chinese New Year, and this year, KWSH contributed to the festive mood for many too!

Our pavilion, that is! Participating in the National Heritage Board's 2021 Museum Roundtable Hongbao campaign, our magnificent pavilion got transformed into an illustration and found its way onto limited edition red packets. To fit the year of the ox, the red packet design also featured the animal dressed as a nurse! This casual rendition of our iconic structure was a breath of fresh air, as it contrasted against its usually grand appearance that most of us are accustomed to.

With these red packets, we ran our very first Facebook giveaway from 22 Jan to 19 Feb. Participants simply had to tour our KWSH Heritage Gallery and answer a question to receive a set. We were pleased that it attracted substantial participation!

逢年过节少不了最重要的红包。今年，广惠肇也为许多人增添了节日欢乐气氛！

本院的霍然亭！医院参与国家文物局属下“博物馆圆桌会”2021年的红包封套活动。宏伟的亭院摇身成为插画主角，被印上限量版红包封套。为了配合今年的生肖，红包设计也特别以“牛”为主题，而本院更是以可爱的小牛护士造型出击！众人熟悉的霍然亭雄伟外形，这次经由较轻松有趣的描绘，为这标志性的建设带来了新面貌，让人耳目一新。

由1月22日至2月19日，医院首次在Facebook举办了红包封赠送活动。参与者只需参观本院的历史展区“任重道远馆”，然后回答一个简单的问题便可获取一套红包封。很高兴看到了大家的踊跃参加！

The giveaway might have ended but our Heritage Gallery remains open for pre-scheduled visits! Book now with heritage@kwsh.org.sg!

赠送活动虽已结束，但任重道远馆仍然开放，供大家预约参观！通过电邮heritage@kwsh.org.sg 预约即可！

Painting the Wards an Auspicious Red

为病房漆上红色喜庆

CNY is one of the blockbuster events in the Hospital for our residents. This year, our residents were again treated to a plethora of CNY-themed food and activities, filling both their tummies and their hearts.

It was food galore at the wards, where our residents regaled with mouth-watering snacks like love letters and pineapple tarts, all thanks to volunteers who generously sent them over. Our culinary team also worked hard in the kitchen to whip up delectable reunion meals for our residents, using high-quality ingredients which were also provided by our volunteers. The residents even got to indulge in Pen Cai, a traditional festive dish prepared using only the most 'luxurious' ingredients, during one of their three special CNY meals!

Chow aside, there was also a feast of activities for our residents. Tweaking the ward activities to add a dash of festivities, our volunteers engaged our residents in CNY-themed activities like painting, craft work

and even games like guessing the titles of festive songs. A group of youngsters from Raffles Institution also checked in on our residents via a video call to play CNY-themed games and make crafts together. It was indeed delightful to hear the chatter and giggle of both the young and old fill the wards!



Residents enjoying a reunion meal with their friends from the ward
院友与病房内的朋友团圆聚餐



春节是每年最受院友瞩目的庆祝活动之一。今年，院友再次享受了林林总总的新春美食与活动，填饱了胃，也温暖了心。

多亏义工们慷慨馈赠蛋卷和黄梨挞等令人垂涎欲滴的小点心，院友们大饱口福，在病房里大快朵颐。医院的厨师们也忙着在厨房里开伙，辛勤地为院友们烹饪美味的团圆饭。每道菜使用的上等食材也都是由义工们提供的。享用的三个春节特备餐当中，院友们甚至还品尝到了每逢新年的首选年菜之一，以高档食材来烹煮的盆菜！

美食以外，医院也为院友们准备了一系列丰富多彩的节目。为了在病房内添点喜庆，义工们对平日的活动做出了调整，为院友设计以新春为主题的绘画、手工艺品制作等活动，还有猜新年歌曲歌名及其他游戏。莱佛士书院的学生们也通过视讯探望我们的院友，一起玩游戏，制作手工艺品。老老少少打成一片，听着他们叽叽嘎嘎的笑声弥漫着病房，真令人欣喜！