



KWONG WAI SHIU HOSPITAL

廣惠肇留醫院

Since 1910

705 Serangoon Road
Singapore 328127

Tel 6299 3747

Fax 6299 2406

Website www.kwsh.org.sg

Patron Deputy Prime Minister Wong Kan Seng

For Immediate Release
2 July 2007

Kwong Wai Shiu Hospital offers Sub-Health Consultation in its TCM (Traditional Chinese Medicine) Centre

Kwong Wai Shiu Hospital (KWS) will be offering Sub-Health consultation and treatment from 2 July 2007, in a collaborative project with Zhongda Hospital of Nanjing's Southeast University. The collaboration was in discussion since April 2007. Professor Gao Jianyun from Nanjing Southeast University is here specially to lead the setting up of this new specialist service in the TCM Centre.

Sub-Health is a state of health that falls in between the healthy state and the sick state. In this condition, no specific illness can be diagnosed, but the patient experiences a general decline in vitality and psychological well-being as well as a lack of adaptability to the demands of everyday life.

The main symptoms of Sub-Health condition include chronic fatigue, poor appetite, anxiety, depression, poor concentration, insomnia, bad temper, poor memory, headaches and dizziness, thus affecting the quality of life and threatening our health.

Professor Gao Jianyun will be offering treatment services for Sub-Health conditions in KWS by using abdominal acupuncture treatment methods with moxibustion to regulate the Qi, and balance the "Ying" and "Yang. The treatment is painless with no side-effects.

Each session of treatment is about 30-40 minutes. It is advised that the treatment be done twice or three times a week, with a total of 10 sessions to complete a course.

Sub-Health Clinic opening hours:

Mondays to Fridays: 9am to 12 noon

1pm to 5pm

Saturdays: Every first and third Saturday of the month

Opening hours as above

For consultation and treatment appointment: Tel 6341 7635

End



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Notes to editors:

About Kwong Wai Shiu Hospital

Kwong Wai Shiu Hospital (KWS) is one of the oldest charitable healthcare institutions in Singapore, founded in 1910 by a group of Cantonese merchants, whose aim was to provide Cantonese immigrants from China with free in-patient and out-patient services.

Responding to modern healthcare needs yet preserving a heritage of compassion and care, KWS now also offers services in Geriatric Rehabilitation, Cancer Convalescent Care, Traditional Chinese Medicine (TCM), Outpatient and Day Rehabilitation. All services are available to the public at nominal charges. Most of the patients' hospital charges are subsidised by KWS.

Kwong Wai Shiu Hospital (KWSH) has a continuum of nursing care and services for the elderly. Its 350-bedded nursing home section provide a comprehensive and holistic nursing care for long-term stay; while the 50-bed convalescent hospital section provides step-down care for patients who need time to recuperate after a surgery or recovering from an acute medical condition. Each is supported by a team of dedicated doctors, nurses and paramedical professionals.

About Professor Gao Jianyun

Professor Gao graduated from Nanjing TCM University with a Master Degree of Acupuncture and Massage. She is the Head of the Acupuncture Department in Zhongda Hospital of Nanjing's Southeast University. She has more than eight years of experience working with the Hospital specialising in the field of Acupuncture and in abdominal acupuncture treatment for Sub-Health patients.